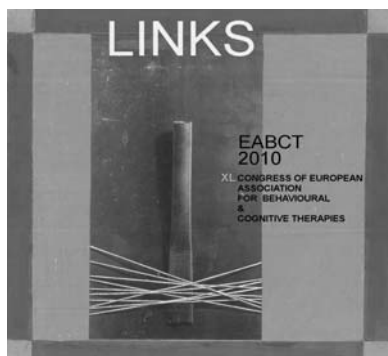


# EABCT 2010

## XL CONGRESS OF EUROPEAN ASSOCIATION FOR BEHAVIOURAL & COGNITIVE THERAPIES

MILAN, october 7 - 10, 2010



Together with:

### **XV AIAMC National Congress**

*Italian Association for Behaviour Analysis and Modification and for Cognitive and Behavioural Therapy*

### **III AIPP Conference**

*Italian Association for Early Psychosis*

### **XXI CIANS Conference**

*Collegium Internationale Activitatis Nervosae Superioris*

...The soul and the traditions of Milano are perfectly attuned with the content and the title of the **XL EABCT Congress LINKS**. In its general perspective LINKS wants to create an interconnection between associations, themes, disciplines, countries, cultures, traditions and innovations.

The aim is to strengthen personal LINKS between experts, professionals and students belonging to different countries and cultural roots, to show the reciprocal LINKS between theory and clinical practice, to extrapolate LINKS from interventions focused on specific disorders and the ones addressed in other similar or different disorders; to identify LINKS between the classical expression of our approach and its more recent innovative developments. All this in the context of the numerous and varied LINKS which join the cognitive behavioural psychology and therapy, with its opportunities of intervention, and possibly prevention, to the more and more relevant social problems of our times.

We enthusiastically encourage you to contribute your works and your presence to help us attain this ambitious program and we all are waiting for you in Milano.

**Anna Meneghelli** (Chair of the Congress)

### **TOPICS**

- Acceptance and commitment therapy
- Addictive disorders
- Anger and aggression
- Attention Deficit Disorders
- Behavioural Medicine and Health Psychology
- Bipolar disorder
- CBT and psychosis
- Child and adolescent problems
- Cognitive and behavioural assessment and evaluation
- Cost effectiveness of CBT
- Crisis interventions
- Cross-cultural perspective in CBT
- Couple therapy
- Developmental psychopathology
- Disorders of the autistic spectrum
- Eating disorders
- Obesity
- Early Psychosis
- Elderly and CBT
- Emergency psychology
- Ethical issues
- Evidence based treatments
- Experimental psychopathology
- Family interventions
- Genes influence in mental disorders: new perspectives
- Group therapy
- Health Anxiety and somatoform disorders
- Homosexuality and homophobia
- Interpersonal and problem solving skills
- Learning and cognitive theories
- Organization Behaviour Management
- Mindfulness
- Mood disorders
- Motivation enhancing techniques
- Neurophysiology and psychotherapy
- New technologies and CBT
- Obsessive-compulsive disorders
- Parenting skills
- Personality disorders
- Pharmacotherapy and psychotherapy
- Phobias and panic disorder
- Positive Psychology
- Psycho-oncology
- Psychosis and neurosciences
- Psychosocial rehabilitation
- Psychotherapy and media
- Quality of life
- Rehabilitation in organic pathologies
- Relapse prevention
- Sexual problems
- Sleep disorders
- Sports and coaching
- Stress and stress reduction
- Suicidal cognition and behaviour
- Supervision and therapist training
- Therapeutic relationship
- Trauma and loss

### **INVITED SPEAKERS**

**Max Birchwood**, Birmingham, United Kingdom

**Lucio Bizzini**, Geneva, Switzerland

**Tom D.Borkovec**, Pennsylvania USA

**David Clark**, London, United Kingdom

**Jean Cottraux**, Lyon, France

**Davide Dèttore**, Firenze, Italy

**Giovanni Fava**, Bologna, Italy

**David Fowler**, Norwick, United Kingdom

**Peter G. Fedor Freybergh**, Bratislava, Slovakia

**Paul Gilbert**, Derby, United Kingdom

**Elizabeth Kuipers**, London, United Kingdom

**Robert L. Leahy**, New York City, USA

**Giovanni Liotti**, Rome, Italy

**Patrick McGorry**, Melbourne, Australia

**Mirella Ruggeri**, Verona, Italy

**Paul Salkovskis**, London, United Kingdom

**Ezio Sanavio**, Padova, Italy

**Jean van den Bout**, Utrecht, Netherlands

**David Veale**, London, United Kingdom

**[www.eabct2010-milan.it](http://www.eabct2010-milan.it)**

#### **Key Dates**

**December 15, 2009** – Symposia and Workshop submission closed

**March 15, 2010** – Abstract submission closed

**Organizing Secretariat: T.M.T. Congress Dept.**

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